

A message from Maddy...

Collaboration is key to progress

It's wonderful to see our Acomb Garth Community Care Centre busier than ever, with new health services and community activities launching each week. I'm so proud of the progress we've made through collaboration and I'm looking forward to bringing you news about more Centres and even more new services opening within our communities later this year. This is all thanks to the joint working and building of good relationships by York's health, care and voluntary teams.

I'm particularly proud of the collaboration involved in launching the much-needed new [menopause clinics](#) which are now up and running, offering specialist menopause advice and management. Look out for the materials going out to you soon to display in surgeries. More information about all services can be found on our [website](#).

Alongside new initiatives, we've been busy recruiting additional members to the team. Peter Nicholson has been appointed to provide cover for Lucy Hakings, General Manager, at Acomb Garth Community Care Centre, during her forthcoming maternity leave. Peter has previously been working as part of our bank team and will be working with Lucy in the next few weeks to provide a seamless handover. We've also welcomed new members of our reception team at Acomb Garth. Michelle Gee joined us earlier this month as a permanent receptionist and we also welcome Allyson Bristowe and Nicky Jobling who have joined us as bank receptionists. Please say hello to our new members of the team when you visit.

It was exciting to welcome BBC Radio York to Acomb Garth to find out more about our work. BBC reporter Louise Fewster interviewed members of the team for a radio piece about our work here in York.





What's new in the Community Café

Our Acomb Garth Community Café has grown from strength to strength, giving charities and organisations the chance to hold free sessions for York people.

New activities include:

Older citizens advice sessions: York's Older Citizens Advocacy group (OCAY) is working with Age UK, York Energy Advice and IT Reuse to provide drop in advice sessions. 1:30pm to 3pm on the first Friday of each month.

Talk Tech cafe: Online skills training. Home Instead Charities have secured funding to provide computer tablets for use in the community to improve digital inclusion in the elderly. 1pm to 3pm on the last Friday of each month

Stephanie Wood, Community Engagement Coordinator at Home Instead York explained: "The aim of the café is to provide support for those who have little or no online skills and build their confidence so that they are able to access services such as the NHS app, online shopping, council services, online banking etc. Hopefully this will progress to include other skills over time."

Peer support session for parents and carers of autistic young people: Run by ACCET (Autism Community Connectors and Engagement Team in York). Thursday 16 March, 11am to 2pm



What's new for staff and partners online

As we continue to expand, please could I remind GP practice teams and Nimbuscare teams to keep an eye on the staff section of the Nimbuscare website for updated policies and procedures, training events and other important materials. The staff section is password protected. If you would like to gain access, please contact us.





Staff events and training

Nimbuscare would like to invite local healthcare practitioners with an interest in children's medicine to a series of evening educational events. More information can be found in the staff section of our website [here](#).

Please confirm your interest by contacting: nimbuscare.education@nhs.net

Protected Learning Time events

Nimbuscare is now managing [Protected Learning Time \(PLT\) events](#) across the former Vale of York area.

The events are peer-led sessions for GPs, Registered Nurses, Health Care Assistants, Allied Health Professionals and Physician Associates from across the Vale of York.

If you would like to be part of the event panel which help to shape future events please contact nimbuscare.plt@nhs.net

Our PLT event on 8 March was very well attended. E certificates and Digests can be found in the staff section of our website. The next PLT event will be on Wednesday 5 July.



Bowel Cancer Screening Campaign

NHS England's 'Help Us, Help You' bowel cancer campaign, supported by Cancer Research UK, is now running. It aims to encourage people who are sent the NHS bowel cancer screening home test kit to complete and return it.

The campaign assets are available [here](#)

Look out for our next newsletter update in two weeks' time. In the meantime, please follow us on our social media channels by clicking on the links below. Thank you all for your hard work and support.



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